Managing Winter Operations Workshop

doing more with less

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www.OGRA.org

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# MOL Municipality Ergonomics Initiative

<table>
<thead>
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<th>Phase</th>
<th>Timing</th>
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<tbody>
<tr>
<td>1. Education, Outreach &amp; Awareness</td>
<td>April 1/18 – March 21/20</td>
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<td>2. Inspection blitz</td>
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<td>a) Administrative Audit</td>
<td>April 1/19 – March 21/20</td>
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<td>b) Focused Inspections: Public Works</td>
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Managing Winter Ops: Applying the MOL Ergonomics Initiative
Managing Winter Ops: Applying the MOL Ergonomics Initiative >> Scope
What should you do next?

- Consider what you already have in place,
- Understand your health and safety statistics,
- Evaluate your internal support levels, &
- Learn from others.
Understand your Stats: Utilize all sources

Leading Types of Lost Time Injuries 2012-2018

- Part Of Body: Lower back (lumbar, sacral, coccygeal regions) - 17%
- Nature of Injury: Sprains and strains - 47%
- Source of Injury: Persons (bodily motion or condition) - 42%
- Event: Overexertion - 19%
- Occupation: Other technical occupations in health care (except...) - 24%

Sample data downloaded from: safetycheck.onlineservices.wsib.on.ca
Learn from others…

• Public Works: Ergonomic Hazards
  – Vibration: equipment / vehicles
  – Vehicles: set up, ascend/descend
  – MMH: area specific
  – Working methods
Make sure your snow fighters are ready!

- empower them to plan their work;
- ensure they're aware of ergonomic hazards; &
- include body mechanics awareness & ideal work methods training.

Snow fighters will need to think, plan, and act independently over the winter season. Contact us to add “Ergo Basics for Snow Fighters” to your orientation sessions and tailgate talks.
Snow Fighters: Areas of Focus

- Part/item handling
- Loading/unloading vehicles
- Vehicles: access/egress and driving postures
MOL Training Expectations

- MSD signs/symptoms
- Awareness of MSD risks
- How to use a ladder
- Early reporting
- Visibility hazards

Start by reviewing what you have…
Questions or Comments?

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